

Intro into Herbal Energetics and Formulas

Lesson 9 Homework

Putting it all together: Formulas and Cases

Complete the assessment, protocol, and formula for each of the following clients.

- 1) BM every 4-8 days, painful and scratchy, Gas, bloating, and cramping after eating
- 2) Volatile, easily frustrated, frequent neck pain and headaches, easily sweats, hair and skin often oily
- 3) Burning with urination, incontinence, frequent fevers
- 4) Chronic, dull, muscular pain for many years, sharp pain in joints when moving, frequent toxic exposure from job for decades

Assessment:

Protocol

- Foundational actions:
- Primary actions:
- Secondary actions:

Formula:

	<u>Action</u>	<u>Dose</u>	<u>Method</u>	<u>Duration</u>
Herb 1				
Herb 2				
Herb 3				

Formula:

	<u>Action</u>	<u>Dose</u>	<u>Method</u>	<u>Duration</u>
Herb 1				
Herb 2				
Herb 3				

Formula:

	<u>Action</u>	<u>Dose</u>	<u>Method</u>	<u>Duration</u>
Herb 1				
Herb 2				
Herb 3				

Formula:

	<u>Action</u>	<u>Dose</u>	<u>Method</u>	<u>Duration</u>
Herb 1				
Herb 2				
Herb 3				