

Intro into Herbal Energetics and Formulas

Module 1 Resources

Taste of Herbs, Medicine Making, and Studying Herbs

How to Study Herbs

Examples

- [Month long herb study](#)
- [Materia medical forms](#)

Safe Sources:

- Herb Mentor membership site
- LearningHerbs.com
- HerbalRemediesAdvice.org (NOT .com)
- Chestnut School of Herbal Medicine blog
- Herbal Academy blog and Herbarium
- HerbCraft.org
- LivingAwarenessInstitute
- <http://www.foragingtexas.com/> (not just for Texas)
- Growing Up Herbal blog
- Any resources recommended at the above sites
- https://quizlet.com/benjamin_neusse